



# BAPTISTE LAKE ASSOCIATION

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BOX 877, BANCROFT, ONTARIO K0L 1C0

## WANTED: Citizen Scientists!

Send us your amazing photos of Wildlife and Landscapes on Baptiste. Suggest a Citizen Scientist Project that will interest you in tracking Nature's Changes to help us plan and preserve the Beauty of Baptiste. Check out President Wally's Message for ideas.



Horses, Bell and Zeke of Rockfield Farms, photo by Cec Andrus



Photo by Gary Pirko



Winter Frost, photo by Shelley Pickard



Photo by Victor Hugo Carrera

### BLA Event Dates To Remember

- |  |   |
|--|---|
| Sunday, May 19 – <b>Spring Opening Event</b> , Birch Cliff Lodge, 5:00-7:00 pm | Saturday, August 17 – <b>Garlic Festival</b> , Maynooth, 8:00 am - 4:00pm |
| Saturday, July 20 – <b>Nature Day</b> , Sunrise Cove, 10:00 am to 2:00 pm      | Sunday, August 18 – <b>Golf Day</b> , Bancroft Ridge, 10:00 am            |
| Saturday, August 10 – <b>AGM</b> , Birch Cliff Lodge, 10:00 am to 12:00 pm     | Sunday, September 1 – <b>Corn Roast</b> , Camp Ponacka, 5:00-7:00 pm      |

# THE ERA OF THE LOCAL GENERAL STORE

By VIVIAN BLOOM AND PAUL COLEMAN



*Vera and Jack Scott, 25 year owners during the 50s and 60s.*

Vivian Bloom and I sat for tea with Vera Scott, a spry 90 year old who opened a "Five and Dime" Store with her husband Jack in 1956. It is now called the Maynooth General Store. Vera was born in a log home in Monteagle and walked 2.5 miles to school with her cousins. The community center had a wood stove that was fueled by farmers who donated many cords of wood to keep the building warm. Many folks at that time could not afford to pay for their taxes and "worked them off" by walking behind the road graders, throwing the stones off the road.

Vera and Jack always gave food to the hungry kids in need, and shelter if they were in dire straits. But Jack was known to tackle any thief who dared steal weiners from their store!

Their business soon became overwhelming and Jack asked the TD bank to place a trailer on his property to cash cheques when the Loggers and Miners came in on pay day. Quite often the "bank" ran out of cash and borrowed money from Jack! The TD did not stay long and so it was not uncommon for Jack to hold \$10,000-15,000 in cash to finance the busy times.

That brought a chuckle from Vivian as she recounted that the Scotiabank was housed in the municipal building in the 1970's and staff would travel to Bancroft, using their personal vehicle to carry the cash back and forth. The cash box had a loaded gun in the bottom!! Often they would ask

the local police or a hired taxi to follow them to town, just in case they were robbed.

One day Vivian's sister-in-law drove her VW back to Maynooth with "no back up". Suddenly another car veered into her lane, forcing her off the road, rolling it over and landing it right side up again. Three French speaking men came running toward her. She assumed that they were going to kill her and steal the cash; however, it turned out that the driver had fallen asleep at the wheel and it was not a robbery at all!

With the demise of so many rural "General Stores" we are fortunate to have a few local popular shops for cottagers. Adults and children alike loved to visit the local general store, whether for last minute groceries, or to buy some local freshly baked bread, an ice cream cone, a new water toy or the local paper to see what was happening in the area. There was something here for everyone.

Maynooth General Store has had a general store on that property since the 1800's. The present owners Bob & Carla van Balen Walter have kept it almost as it was for over 25 years, offering everything folks need in these modern days. This store, having been the largest here, has survived the test of time and continues the tradition.



*Original Maynooth General Store in 1800s, owned by Gorman, Netterville, Buckley families*

*...continued on page 3*



*Al Capone comes to Maynooth General Store for groceries?*

**LOCAL GENERAL STORE ...continued from page 2**

Vera Scott and her husband Jack moved to Maynooth seventy years ago. They built and opened a small store where Wildewood Gallery is today. A short time later they bought McCaw's Store, and moved down the street to run Scott's General Store for many years. In the late 1940's there were in fact, two other general stores in Maynooth, Buckley's on the northwest corner and McAvoy's where Nancy Brookes has her gallery now. Jack and Vera ran the store and raised a family of five boys and two girls. Friday was usually Vera's day to bake, thus the aroma of fresh baking prompted many to ask, "Was it done and could they please buy some of her awesome bread and buns". Vera remembers the older days, when salesmen would come to the store from Canada Packers, Mark Tripp, York Trading, Strano's and other companies. They would sit in the kitchen, visit and take the orders to be sent back as the delivery trucks would also make the same circuit later to deliver the goods. Bancroft Dairy would deliver the milk, butter and other dairy needs. In the era when they owned the store, the large shed on the west side of the building, stored a great variety of goods. Flour, sugar, animal feed for chickens, cattle, cats and dogs, all had to be unloaded by hand from the delivery trucks and stacked inside. Heavy work as they came in sizes up to a hundred pound bags, many made of cloth in those days. There was also a pump for kerosene lamp oil, and large shelves filled with shoes, boots and clothing. No more, do we see huge sides of beef and pork hanging up, nor shelves of large packages of cold cut meats in the walk-in cold rooms for custom cuts of meat, or barrels of salted herring sitting near the front counter. Jack bought hundreds of cases of Prince Edward County canned tomatoes each year from

a local Maynooth family. Habitant Soups, another local favourite were bought in bulk, as were the boxes of cookies and the Christmas boxed hard candy lining the shelves. Many folks will remember the huge bags of Cereal, "Puffs" which contained mugs or other prizes. So many goods came in large quantity packaging in those days.

Once or twice a year, Vera and Jack would make a trek to Toronto, to visit "the Jewish area" to order yard goods, clothing needs, and other items that were not a part of the weekly salesmen's orders. Denim jeans and jackets were bought direct from factories where they were produced in bulk, keeping their prices affordable. The store sold pretty well any kind of items that local ladies needed to hand make their clothing, mittens, hats, quilts and crafts. The west wall was lined with bolts of fabrics, yarn, shoes and boot samples.

In the era when the local train still ran, Jack bought fresh picked "Ground Pine" paying 10 cents a pound, to adults and children who filled large cloth sacks with this in season. The huge bags would be taken to the station, weighed for

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# PRESIDENT'S MESSAGE

By **WALLY McCOLL**

## *Reminiscence*

The Spring News Letter, where to start? Sitting at the dining room table with our BLA files, minutes and notes, my eye is caught by a yellowing letter, dated November 29, 1966. The letter head reads "Baptiste Cottagers and Resort Owners Association". The subject "Report re: Water Levels on Baptiste and Elephant Lakes". The report talks to a meeting in Toronto of representatives of our association, Hershel Township, and provincial government interests principally Lands and Forests. This meeting is the initial definition of the water level management by the Ministry of Natural Resources and Forestry (MNR) today. A milestone agreement! Among the long list of attendees, the Baptiste association members were: Bill Biggs and Lloyd Nourse, past and former Presidents and A.R. (Pat) Murphy President. All part of the founding generation of our Association. All most respected gentlemen to me as a youth.

I have fun memories of this time in the fifties. Camp Makwan held a yearly regatta with many contests for swimming, canoeing and motorboat racing, including the "challenge race". Any boat owner could challenge all others for the fastest boat. Pat Murphy had a new sleek Peterborough cedar strip with the then most powerful Johnson outboard, a 25 Hp! And he asked me to pilot this beauty in the challenge race! What a thrill! The race could be a separate story but at the checkered flag Pat got to flaunt the cup to his buddies, Bill Biggs, Morris Wooton and Reg Canning!

So what does this flashback have to do with this Newsletter? Well nothing specific, just a reminder that our Association from the founding group has continuously worked very hard to maintain the physical qualities and natural beauty of Baptiste. In parallel, it had social events to bring the community together sharing their values. The two broad goals that the BLA maintains today. For me, it is a personal honour to be President.

I compliment our Board Members for making it all happen. Special thanks this winter for all the work of Anne and Paul Coleman, Shelley Pickard and Eric Hoey. Eric replaces Carol Maclennan

as Treasurer. Carol has retired after her many years contributing to the functioning of the BLA. Our heartfelt thanks Carol.

This winter your BLA group has been very active in the community. Here is a recap.

## *The Fish Hatchery Support*

At our Annual General Meeting we invited Steve Wilkins and Ian Hendry to speak on behalf of the Fish Hatchery and the BASC. We were most proud of their volunteer activities and tremendous support to our community. Accordingly we have created an informal partnership with them to work together on joint projects which help to preserve our Lake. Discussions have centred on two points. 1) the question of the continuity of MNRF supplying eggs for the hatchery. 2) how the BLA might be considered as a donor of Lake Trout eggs and stocking in Baptiste next year. Paul will elaborate more on this on page 14.

From these initiatives, the BLA wrote a letter,

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Wally at the fish hatchery

### PRESIDENT'S MESSAGE...continued from page 4

dated January 14th, 2019 to the MNRF and to Minister Yakabuski, requesting that the Ministry approve and recommend future fish restocking of Lake Trout for Baptiste Lake. The letter continues with our rationale for this request. We understand the letter has been received and tabled for discussion within the MNRF and we anxiously await their positive response.

### Hastings Highland Lakes Environment Bylaw 2019-002 Secondary Dwelling Units

On Jan. 16th we responded by letter and representation to Council on this proposed Bylaw. The concept for higher density development was first expressed in the Provincial Policy Statement, followed by the County Official Plan. The provision for the second dwelling on private lots included the designation Waterfront Residential, WR. The BLA objected to this inclusion arguing that increased density will invariably lead to increased nutrient loading. Statements from the Inter lakes, The Ministry of Environment, MOE, the Federation of Cottagers Associations, FOCA, and then MNRF at capacity definition support this position.

Council voted to remove the Waterfront Resi-

dential designated properties from the Bylaw.

### Septic System Maintenance Inspection Program

On the topic of lake-nutrient loading from nitrogen and phosphorus, we had a follow up meeting with Mayor Bodnar. He introduced his concept for reducing nutrient loading considering the current at capacity designation for many of Hastings Highlands (HH) deep water Trout lakes. He proposed working in conjunction with the BLA and the Interlakes to initiate a Septic System Maintenance Inspection Program. Models for this initiative exist in some neighbouring communities.

Our response in summary, was approval of the HH initiative. The BLA Lake Plan supports through education and awareness, maintenance of septic tank systems. The Federation of Cottage Associations (FOCA) also provides guidelines for maintaining water quality that include inspections and septic system pump-outs.

In a separate message from Mayor Bodnar, he outlines the concept and details for this plan on page 8.

### Meeting with MNRF

The BLA has been receiving MNRF email notices on update programs, policies and opportunities for financial support. This winter we had the opportunity to meet and chat with Jennifer Card

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## LANDING POINT MARINE

at the Hwy 28 Bridge on Paudash Lake

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Discarded docks in Redmond Bay

PRESIDENT'S MESSAGE...continued from page

to update her on our BLA programs and objectives and in turn got the latest news on MNRF programs and policy.

Our interests focused on the Lake Trout restocking program and the support that the BLA might offer in terms of volunteer assistance, boats and logistical services. MNRF Lake Trout restocking programs may soon be terminated. We hope to influence this program for the benefit of both the Hatchery and our lakes.

Paul Coleman initiated a discussion regarding **boat launches** to help clarify whether the Municipality or the MNRF has jurisdiction over the shoreline. Our boat launches are in disrepair, which is problematic for cottagers, fishermen and tourists. We are seeking solutions to resolve this matter.

In our general discussion of Environment and Wetlands the question of "**dock dumping**" in a hidden cove came up. We reported this surprising disregard for protected wetlands in our Fall Newsletter. MNRF are investigating, noting there would be serious penalties for this dumping of

discarded docks. We suggested the BLA would provide assistance if possible for removal of the docks.

Looking to **Invasive Species**, the definition of the Cormorants as a game bird with extended season, proposes control of Cormorant population. This bird is new to Baptiste in the last few years. They compete with Loons and in large numbers their excrement defoliate nesting areas. So if you

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PRESIDENT'S MESSAGE...continued from page 6

have a gun permit, go for it! Safely.

### Citizen Science

In previous newsletters I have talked about my interest in developing Citizen Science volunteer programs within the BLA. How are Citizen Science projects different from the volunteer programs that we have carried out for sampling water quality, invasive species, or loon counts, other than the new catchy name now becoming in vogue. Maybe there is a little difference. Of course the "Citizen" needs no explanation. "The Science" refers to following scientific procedures for measurement, recording, and analysis which will add to the body of knowledge. The Citizen Science project will often upload data and or information to a larger, more inclusive agency as part of the defined program. The FOCA webpage provides examples of how Citizen Science may be developed for lake measurements and monitoring.

What might we imagine for our CS initiatives? Each will be volunteer dependent. In order of priorities, water quality as it applies to the MNRF definition of "At Capacity" for the Baptiste Lake trout, has a high priority. Water quality as mapped by profiles of temperature and dissolved oxygen are critical to Lake Trout habitat. Measurement and documentation of phosphorus, nitrogen nutrients and water clarity are key indicators for water quality trends.

Wetlands are critical in maintaining the nutrient balance. They provide the habitat of many bird species; loon, ducks, herons, osprey, eagles, kingfisher, also turtles, beaver, otter and mink. Mapping and recording these species, the vegetation, including Invasive Species provides Citizen Science information for the Province's Significant Wetland Classification, which would be most difficult to acquire with just Government personnel.

Fishermen could provide valuable Citizen Science by participating in a Creel Survey for stocked Lake Trout, providing MNRF valuable feedback on the success of the restocking programs.

The possible Citizen Science programs are limited only by the interests of the volunteers. I imagine there will be interests in a Butterfly Citizen Science for observation, counts, habitat maintenance and possibly tagging coordinated with an agency such as a Monarch Watch, contributing to the knowledge of migration.

I look forward to seeing everyone at our Spring Opening Event. It is always an inspiring time to welcome the new season, catch up with friends and talk of our summer plans.



Photos by Gary Pirko



# MAYORS REPORT TO BAPTISTE LAKE ASSOCIATION

BY MAYOR VIC BODNAR

We have been working in conjunction with not only the Baptiste Lake Association but also the North Hastings Interlake Association to initiate a Septic System Maintenance Inspection Program. Similar programs have and are being run in surrounding communities such as North Kawartha, Highlands East, Dysert et. al. etc. The reasoning behind this initiative is because of the Water Quality and Management Report for Lake Trout Lakes in Hastings County which indicated that numerous lakes suffered from an over abundance of phosphorous and nitrogen. This extreme amount stimulates the rapid growth of algae which displaces oxygen that is vital to fish survival. Domestic sewage contains high levels of phosphorus and nitrogen so by having proper operating septic systems that are monitored for efficiency we can limit the amount of harmful nutrients entering the water systems.

The Federation of Ontario Cottagers Associations stated, "as cottage owners, we have a shared responsibility to maintain the health of our lakes by limiting the inputs of phosphorus." This can be done by;

1. Maintaining a properly functioning septic system.
2. Reduce your water use.
3. Implement mandatory septic inspections.
4. Neutralize your shoreline.
5. Limit the amount of impervious surfaces, including roofs, parking areas, and patios.
6. Adopt strong stewardship programs to educate other lake users on ways to promote good water quality.
7. Encourage enhanced septic system setback limits.

According to the Ontario Building Code there is a mandatory Maintenance Inspection Program for Septic Systems. Unfortunately the scope of this program is for Lake Simcoe and some source protection areas (Municipal Drinking Water). The Discretionary Maintenance Inspection Program is exactly that, Discretionary. What will be required is to pass a



Bylaw in council that covers our needs to inspect and that is enforceable. If we follow the example from other municipalities the procedure would look like this: Selecting a lake that is small enough but that is classed as "at Capacity." We are at this time considering Diamond Lake.

Then a compilation of the addresses and history of the cottages on the lake will be gathered through a summer student program, similar to other programs we have previously participated in. Generally our records go back to approximately 1980, less so for the Herschel area, because of lost records, and those structures will more than likely have an adequate system in place and the file will detail that. Notices will be sent out and advertised that the process will begin. As the list is being completed a questionnaire will go out to the property owners asking for more data that will help the student locate and visually inspect the system. A Site Inspection Report will be filed by the student with the building official and bylaw officer. For those locations that have systems that are already on file the questionnaire will detail when the last pump out was done.

Once all the data has been received, decision will be made as to further inspections and orders being issued to comply with the bylaw. Since this is the first time Hastings Highlands has attempted to do this, we hope that the cottagers will comprehend the necessity of preserving the quality of the lakes and cooperate with the inspections. If there any comments or questions please contact me at the municipal office.



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# GOLF DAY - SUNDAY AUGUST 18 AT BANCROFT RIDGE

BY PAUL COLEMAN

Last year we suggested that a Golf Day would be a good opportunity to socialize with folks around the Lake and to share time away from the dock. By all accounts it was a raving success. But some of you were upset that the Coleman Team was victorious and that we have the bragging rights for at least this year. So do something about it and stop whining..... Call the golf course, book your foursome and start practising!

The cost is \$45 per player which includes cart, meal, mulligans, gift bag, entry to the hole in one contest, closest to the hole and team prizes. We sold out last year as there are only 30 golf carts and we limited the day to 60 golfers. Last year we donated \$1000 to the Hastings Highlands Library and \$1000 to CARE North Hastings.

I am most grateful to all those who donated gifts, prizes and hole sponsorships to make this an exceptional tournament. So many of you supported my efforts to collect prizes and donations. It is tough to knock on doors. You made me feel welcomed.

I do need sleeves of golf balls and "swag" so if you can hit up your employer for some prizes, that makes my task easier. Also, if you would like to help me on the day, let me know... Isabella Byron Jackson, Dave



Team Coleman, 2018 Champs

and Anne Coleman, and Kate Campbell were amazing!

We are most grateful to our Hole Sponsors: Boyer Bancroft by Ryan Courtney and James Forde, Artist Diana Gurley, Emma Kearns of Century 21 Realty, Ted Bartlett of Remax Country Classics Ltd, Team Grant Remax Country Classics Ltd by Joan and Chris Grant, Evergreen Farm and Garden Ltd, Orono through the Morawetz family, Shibley Righton LLP by Marlin Horst, Birch Cliff Lodge by David Milne, and Jim Potter of Emagine our Newsletter Publisher.

Many thanks to Isabella and Danny Jackson and John Puffer for your generosity and support of the BLA!

So don't wait too long to book your team... the Coleman Team awaits you!!

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# “The Sister Shack”

BY JOHN VANDERPAS



*“A cottage time being donated to people recovering from Cancer”*

Back in 2013 two families embarked on a journey to help people recovering from cancer. John & Mary Vanderpas and Larry & Anne Gledhill (Mary and Anne are sisters) have homes beside each other on Baptiste Lake. When a cottage next door came up for sale they purchased the property between the two families. Larry came up with an idea of donating the cottage time for cancer survivors and soon after contacted an organization called “Cottage Dreams” out of Haliburton and started their own dream. Cottage Dreams coordinates with families who have a family member recovering from cancer by providing them with the opportunity to vacation at a donated cottage for a week at a time. The people at Cottage Dreams (a not-for-profit organization) screen the applicants and provide the liability insurance when the cottage is being used. Fortunately the cottage which became known as “The Sister Shack” met all the criteria that Cottage Dreams stipulated and the process began.

After purchasing the cottage the families figured a little paint and elbow grease would bring the building up to suitable standards but soon found they were in deeper than they had anticipated. What started out as simple repair ended up with a completely renovated interior as well as the



*Work in progress.*



*Final product*

installation of new doors, windows, siding and a deck to the exterior. Without hesitation they remained committed to the cause and completed the renovation by June of 2014.

As the renovation was underway word got out about their endeavour. They were overwhelmed by the support that was received from many individuals and companies who donated time and/or materials. Major supporters included, Cooney Tree Removal Services, Rallison Excavation, Card Bros Construction, Gallo-Teck and Royal Woodworking. The labour was completed by the family and friends.

When asked why the families wanted to donate the cottage, their rationalization was that cancer

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SISTERS SHACK ...continued from page 10

affects so many people in so many ways. Between the two families they have lost four of their parents, close relatives and some dear friends to this disease. The cottage time is donated each year for summer season from May through September. Although there is no monetary gain, there is a sense of gratification of seeing people enjoy the many things that all of us sometimes taken for granted.

Since its completion there have been some 45 families enjoying a week of revitalization at the Sister Shack. When the families are not around to prepare the cottage and welcome new arriving guests, Ron and Melody Pettit (neighbors next door) have graciously filled in to ensure that

everything is in order.

In the end what really hit home to Gledhill's and the Vanderpas's were the testimonials left behind from recuperating families about their experiences that can fill a reader's eye with tears of joy knowing that they made a difference in a family's recovery process.

This has been a dream come true for two families who felt the need to give back. If you are interested in participating in this type of journey or require more details please drop by and see what they have done. If you know of a cancer survivor who would benefit from this program you can get additional information by going to the Cottage Dreams web site at [www.cottagedreams.ca](http://www.cottagedreams.ca).

John, Mary Vanderpas, Larry, Anne Gledhill  
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## Nature Day Kayaking Canoe Trip



Director Eric Hooey demonstrating proper form.

Join us for the 2nd Annual Kayak and Canoe Trip from Sunrise Lodge McGary Wetlands on July 20, 2019 at 10:00 am. Followed by a BBQ and Social provided by your Board Members.

# BUILDING A RAISED BED USING THE HUGELKULTUR METHOD

BY DEANNA PIRKO - PART 2

*In our previous newsletter we included an article by DeAnna who detailed the creation of raised beds using the Hugelkultur Method. She left us with raccoons who were persistently visiting her nightly.*

So cute but persistent. They attempted to open our screen doors and our neighbor, Kim, leapt 2 feet in the air as one appeared at her door. Gary set to work again and made gates around the garden platform with chickenwire which I was able to open while working on the garden but kept fastened shut otherwise. Our plans to set up a drip system had been set awry by the big storm that took out our power less than 24 hours before we left. We were unable to pump water from the lake to test the parameters of our sprinklers. Our trusty neighbor, Lynn Allen, fiddled with the timer and sprinkler for days until she had mastered the water needs of our tiny plants.

Everyone was astonished to see how this garden grew! I call it our jungle garden. We had returned about 4 weeks later to see that the tomatoes were around 2 to 3 feet high and had fallen over all of the other plants. Never fear, we arrived in time to rescue the herbs and other plants by cutting the tomatoes back and staking them. Once again, Gary demonstrated his excellent carpentry skills by building impressive cages for them out of hefty wood branches which were fastened together by screws.

By the time we left again 6 weeks later, I had had to cut back all the plants to keep them from shading the others and the tomato plants were 6 feet tall after trimming them multiple times. We

did savor the fresh tomatoes, especially the cherry ones and we made Baba Ganoush from our first two eggplants which was devoured in no time. Alas, we had to return to California on August 21st and I was so sad to leave our garden, It was such a treat each morning to walk up the slope to see what progress had happened overnight and to return multiple times for herb clipping, pruning and picking. The butternut squash reminded me of the movie, "Little Shop of Horrors" with its intent to be a 20 ft plant. The height of the bed prevented back strain and this was such a relief!. Much gratefulness to the two hummingbirds and multiple bees that pollinated the many blossoms.

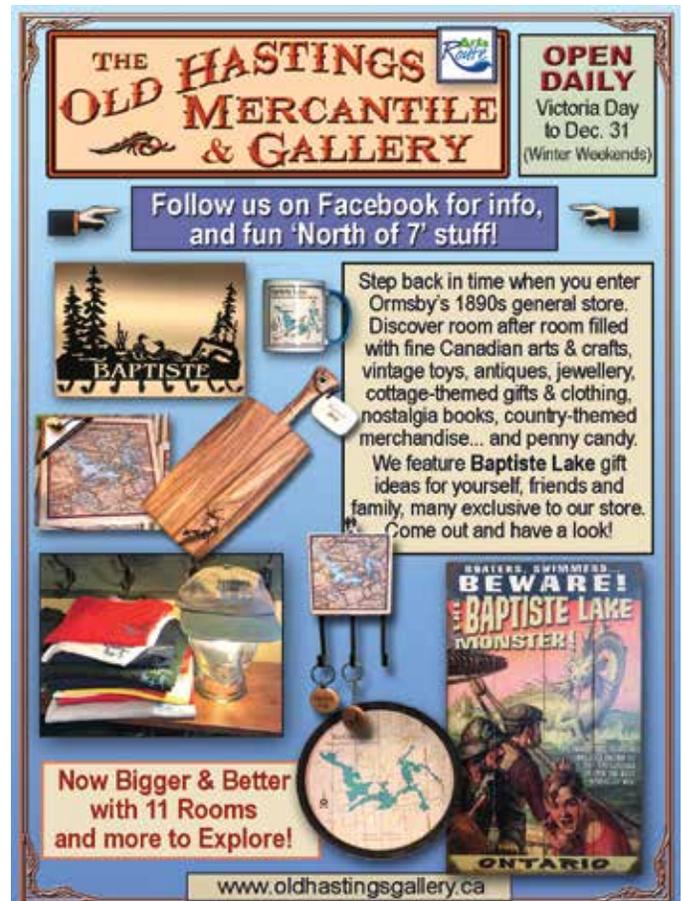
I can't wait to return this year to see my garden grow! I am hoping to titillate my taste buds with the newer plants of beets, lettuce and arugula which we planted in a second Hugelkultur garden built behind the first one. In honor of Susan, I planted two unusual varieties of beets in

*...continued on page 13*



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*The start of a magnificent garden.*

**BUILDING A RAISED BED ...continued from page 12**

this second garden because her orange beets the previous summer were so sweet and mellow.

In summary, gardening has a lot to offer to almost everyone who enjoys being outside: fresh air, sunshine and a little physical labor everyday are ingredients for a healthy lifestyle, not to mention the joy of eating fresh produce. Gary and I took the physical labor to much more of an extreme when building it, but I felt more flexible and strong after our weeks of digging, sifting, climbing and hauling. Seeing the miracle of growth from a tiny seed to a bite of heaven takes some patience but it is a good feeling to be able to grow your own veggies and especially not having to worry if they are pesticide free. Pulling off predators, removing infected leaves and using blasts of water to ward off other insects is usually all that is needed to maintain a healthy garden. Again, I can't wait to return in the spring to introduce the new varieties of veggies, beets, lettuce and arugula to the plants we already tested in the two beds. Many thanks to our neighbors who contributed to the new gardens and I am extremely grateful to my husband who worked so hard to make me happy.

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*Sharing the rewards of my garden with my good friend Candace Barringer.*

# OPPORTUNITY KNOCKS

BY PAUL COLEMAN

A potentially disturbing development may occur in Ontario as many fish hatcheries could be without eggs. The MNRF may cease their fabulous egg collection program in the immediate future due to budget restrictions.

However, the optimists that we are (BLA), this gives us an opportunity to offer our support, expertise and enthusiasm in attracting interest in stocking our lake with genetically compatible fish from our local North Hastings Community Fish Hatchery (NHC FH).

There are trained retired Ministry residents on Baptiste who have agreed to come forward should we receive a authorization from the MNRF. The benefits of such an involvement are enormous. The NHC FH is proud of the fact that they are the only hatchery using recirculating water and provide the largest fish for stocking in the province. Their fish, which could be our fish, are stocked at 150 to 200 grams (around 8") and the provincial average is 35 grams (less than 3"). We would potentially be involved in a 5 year program to help ensure that our Lake Trout population stays healthy and stable for years to come. We would establish a Citizen Science program that would help in pre stocking and most importantly post stocking data collection, telling us how the stocking is working and status of our Lake Trout. This program would promote active and relevant volunteer involvement including data from fishermen and locals alike, tracking the number, size and health of our fish in Baptiste. Fin clipping is

a hatchery protocol so that caught fish are recognized as those fish we all worked so hard to stock and will assist in this data collection.

We are most appreciative of the MNRFs support in egg collection and rely on MNRF expertise to ensure that the eggs go to compatible lakes with proper chemistry, genetics and water temperatures. The worst scenario would be the closure of our Local Fish Hatchery, a loss of 9,000 volunteer hours and the creation of a Million Dollar "moth balled" warehouse!

The BLA is now working closely with hatchery officials to promote this future relationship and ultimately the stocking of the "Bancroft Jewel", the genetically compatible Lake Trout here in Baptiste.

At the same time we are writing to, and meeting with MNRF officials and Provincial members of government in an effort to continue the much needed science aspects of any stocking program.

We are an influential and unique entity here in North Hastings. We possess the scientific "residents" on the lake, and some financial resources to assist the MNRF in making that sound scientific decision to stock or not stock Baptiste. At the same time we can also help the hatchery and their many volunteers in influencing the MNRF to stay in the game.

If some of you "City Slickers" have a chance to "Drop a Line" to Premier Ford, put in a good word for us. We need the Tourism and the Fish to

*...continued on page 15*



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catch them!

### Lake Trout Spawning

*Assuming we are given permission we asked Frank Hicks, a biologist and past supervisor of Algonquin Fisheries Assessment Unit for 25 years, to describe how fish eggs would be recovered.*

Lake trout generally spawn in lakes along exposed shorelines, off points or islands, or on mid-lake shoals that are exposed to the prevailing northerly or northwesterly winds. Depth of the spawning site is in the range of 1 to 5 meters and usually associated with nearby deep water. Ideally, suitable substrate is comprised of fist sized rubble or angular rock, and may be interspersed with larger rocks or boulders. Smooth bedrock is not suitable unless there are pockets of rubble on the surface of the bedrock. Wind is very important to spawning as it serves to clean the rubble, oxygenate the water in the interstices of the rock, and may initiate the onset of spawning. Unlike brook trout spawning shoals, lake trout do not depend on upwelling water on the shoal.

Lake trout are fall spawners and while timing is variable, experience from Algonquin Park suggests that pre-spawning activity may commence as early as late September or early October when water surface temperatures approach 15°C. Male lake trout arrive on the shoals first, gradually increasing in numbers and then followed by the female trout. Spawning generally occurs in mid-October when the water temperatures are at 10°C. Heavy onshore winds may initiate spawning or it can be drawn out over time if conditions are calm.

During spawning, fertilized eggs are deposited among the interstices of the rock rubble. Incubation will take approximately 6 months before fry emerge from the gravel, swim to the surface, fill their air bladder and in the wild disappear for 5-6 years before they begin to show up in the fishery. Compare this with smallmouth bass or walleye, where there are many more eggs deposited, parental protection occurs in the case of bass and they enter the fishery within two to three years. Planktivorous lake trout mature in about 5- 6 years and piscivorous lake trout may take 9 -10 years before they are mature and ready to spawn.

In order to collect fertilized eggs for the hatch-

ery, it will be necessary to monitor the progress of the spawn after surface waters have cooled to 15°C. This entails visiting numerous potential spawning sites during the evening with broad beam lights, not spot lights, to see if there is any lake trout activity on the shoal. If there is activity, capturing an occasional lake trout will enable us to determine sex and maturity. When the lake trout are ripe, we will have to capture both males and females, strip the eggs from females and fertilize them with milt from the males. Capturing lake trout entails using a large seine, trap nets or small mesh gill nets. The latter is the most preferred because they are the most efficient and easily used technique to capture lake trout without harming them. 1.5, 2.0, and 2.5 inch gill nets catch the trout in the mandibles and maxillary bones of the mouth and do not gill the trout. Using gill nets will have to be under the authority of the MNR and transportation of the fertilized eggs will need to be coordinated with the hatchery.

## If You're Waiting For A Sign - THIS IS IT!



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# “HEY KIDS, DO YOU WANT THE COTTAGE”? SUCCESSION PLANNING 101

BY PAUL COLEMAN WITH SUPPORT FROM ANNE-MARIE ISAACSON, AMI FINANCIAL

Parents, now is the time to think about passing the cottage to your kids. Or not! Kids, now is the time to put a bug in their ear to win



Anne-Marie Isaacson

the prize. Why talk about it now? Because there are big taxes to pay if you don't plan, and big savings if you do things correctly. An article by Anne-Marie Isaacson caught my eye regarding a term called Adjusted Cost Base (ACB). It seems harmless at

first, but understanding how it works can save you thousands of dollars and countless hours justifying costs to the tax man. Real simple:  $FMV - ACB = CAPITAL GAIN$ .

The first thing for you to consider is becoming more educated about tax regulations. Secondly, you should meet with your accountant, legal advisor and most importantly a succession specialist like Anne-Marie and her partners. These professional investment and estate planners will inform you of the significance of 1972, 1982, 1994, FMV (Fair Market Value) and Principal Residence implications. Do you have all of your legal documents and invoices that clearly show the value of your property on specific dates? Can you find all of your invoices that demonstrate that Capital Additions are truly Capital in nature and not just “general maintenance”? If you are audited you must have clear, concise, irrefutable evidence that your costs meet the CRA requirements. Failing to do so will result in significant capital gains.

So do some “homework” and gather up as many invoices that are capital in nature such as structural additions, roofs, windows, docks, decks, septic's, wells etc. Dig up the old legal documents that show a statement of adjustments. Then prepare a schedule of all Capital Costs and Improvements specifying the nature of the addition and date.

So now that you have done the “easy” part in gathering all the paperwork, you can say to the kids, “tough luck; deal with it”. Or you can take a courageous step and actually sit down with them or your advisors and talk about the following:

- Do all the kids want the cottage? If some

*...continued on page 17*



Finches by Shelley Pickard

HEY KIDS ...continued from page 16

don't, how do you equalize the estate? You could designate other specific assets or portions of your portfolio to help resolve this challenge.

- Can they afford the operating costs? Do they actually want to share the cottage?

- Naming a beneficiary, an executor, or setting up a family trust may help to solve some potentially sensitive issues, such as spouses having net family property claims should a separation or divorce occur.

- Some insurance that you might call "Love Insurance", is used for the parents as retirement income, long term care or health needs. Other insurance speaks to legacy planning that help protect assets, like cottages, from and probate and income taxes in the future.

Don't take my word for it, I am the messenger trying to offer food for thought in an area that I know little about but want to be well informed. I am thankful to Anne-Marie and her partner who have reached out to the BLA in advertising,

sponsorship of our golf tournament and insight into important areas of our family succession plans. Something we tend to put off until later but should take more seriously.

So when you are on the dock, having a cold one, talk it over and make time to plan how you will help the kids enjoy your property when you die..... What a thought!



Morning Dove by Anne Coleman

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CARING THROUGH CULTURE

# PLUMBING 101

BY PAUL COLEMAN

The Rull brothers, Andrew and Andy are very grateful for the overwhelming number of plumbing calls and support that they have received since advertising with the BLA. Once again it shows that advertising works and that good networking and word of mouth goes a long way. So now that Anne and I have moved here permanently I asked the boys to add to some of the silly things that I and many of you have done in the plumbing world. Here goes:

- Shut off the breaker to the well. Don't just shut off the water intake. If the pipe to the shut off breaks, the pump will fill your basement.... Not good.
- When you release the water shut off, do it slowly! If you crank it down hard, the water rushes in with a 'clunk' and can snap your pipe connectors.
- Run heater wires around your septic line, or even better run a heater line inside the pipe. It is amazing that the water line from the furnace can slowly freeze up while you are away and seal up the line to the septic.
- Set up a temperature alarm that tells you the temp has dropped below 5 degrees and you have a short window to get to the cottage to check your furnace before the pipes burst.
- Do not build decks over water lines, not fun ripping off your deck to get to the leaks.
- Do not build a gazebo over the well; imagine ripping off the roof, or the wall to get your solid line and pump out of the ground.

- Hire a dude(ette) to check the cottage when you are away. When the propane runs out, the pipes burst, the hardwood floors buckle, you will not be happy.
- Don't run pipes through the studs on an outside wall. You will not believe how much damage was caused this year with all the minus 30 degree temps.
- Remember to often refill all your floor drains as they dry up quickly and the sewage swell is not welcoming when you come back up north.
- I was amazed to learn that a large pond of water was formed in front of a home due to a fast snow melt and a huge runoff of water. Guess what, the water backfilled into the basement, 6" of water! So clear the mounds of snow away from your sliding doors and window wells.



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# GET INVOLVED!

BY SHELLEY PICKARD AND PAUL COLEMAN

Hey Sports Fans, weekend warriors and all BLA Property Owners alike, we need your input, advice and involvement with Your Lake Association. (From what we have heard we are one of the most active around.) So all you guys who have been avoiding me on the golf course, see Shelley or cough up and buy me a beer... just saying.

First up, we need your correct name, lake address, mailing address and/or email address to receive our Newsletters (twice per year). There are lots of new folks on the Lake and we need to update our files. In particular we are so pleased that so many new owners have reached out to us to sign up and to commit to assisting us with our events. Bravo.

Secondly, think about registering on our webpage to post comments on our discussion page, pictures (love to see your pictures!), and your items on our Swap/Sell/Buy page.

Thirdly, if you are not a paid up member please consider becoming one. Fees are minimal and have not been raised for years. One year is \$25, or 3 years for \$60. You spill that in a weekend right?!

What's in it for you? Here are a few of the perks:

- Membership to FOCA and access to all of their deals and promotions.
- Cheaper insurance – some of our members have told us that their insurance company provides special pricing for lake associations.
- BLA Events – c'mon now where else can you get free food and drinks? Great chance to get together with people from around the lake swap fishing tales, discuss common concerns, make suggestions for better lake stewardship... We'd love to have your input!
- The more members we have, the bigger voice we have! We all share at least one common goal – our water quality, the stewardship of this lake, and our environment!

Volunteer! We are always looking for volunteers for Citizen Science Projects, water testing, providing newsletter articles, attendance at HH Council, helping out at our events, visiting

the Fish Hatchery, participating in our corn roast, garlic festival, AGM, Golf Day and Kayak/Canoe trip just to name a few.

Become an Advocate/Block Captain! We appreciate our members who are willing to chat with neighbours about the BLA, gather information to maintain our mailing lists of all property owners and to encourage new members to join.

Become a Director! Share your ideas with us to make us even better on your behalf. Help provide input into the goals and directions of the group and assist in their implementation. Hang out with a friendly and fun group of people. We only have 4 official meetings a year but lots of emails are flying all year round. Volunteer at our social events and help promote our Mission of conserving and enhancing the environment of the Lake and surrounding area.

Contact us at [info@baptistelake.org](mailto:info@baptistelake.org) to get involved!



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# BAPTISTE: STORIES FROM A LAKE

A NEW BOOK BY PAUL KIRBY

My new book is entitled *Baptiste: Stories from a Lake*. It could well have been called *In Search of Baptiste*.

The book was not intended to be a 300 page in-depth study of Indigenous peoples, logging and tourism, arts and culture, education and social welfare, immigration and settlement, business and community development. That is what it became, however.

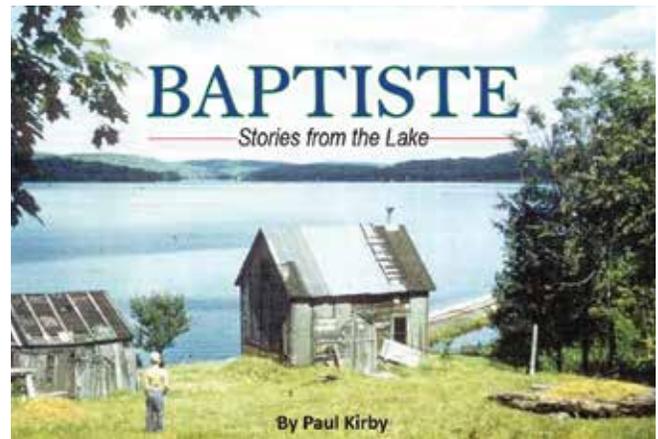
As a researcher, I am always looking, digging, asking, observing, challenging, questioning, searching.

But, I did not approach the book as a researcher, but rather as a publisher. My initial goal when I began this project was to create a simple picture-book, as I did with *Tweed & Area Yesterday & Today* and *Coe Hill & Area Yesterday & Today*. Straightforward. Archival photos contrasted with modern photos. Popular and uncomplicated.

But something happened. The subject demanded more of me. It wasn't happy with simply having a line or two of text under its photos. It wanted to tell me more. It wanted me to tell more. The more the subject revealed itself to me, the more I was lead to places I had not expected. The envisioned 100-page book grew to nearly three times that size. It could have been a great deal larger if deadlines had not forced me to put the brakes on this almost-runaway train.

There were times when I pondered pluralizing 'Baptiste' as there are so many. I am reminded of the classic Japanese film *Roshomon*, in which various characters provide different versions of the same event from their own perspective.

So it is with the Lake.



There is the Baptiste which, to many, is still Kijicho Manito. The Indigenous families who defied forced relocation, saying: "No! This is my home and I will not leave." They stayed on their land on the north shore and helped us learn about the lake and about the living things in it and around it and above it. When we needed guides we asked them, because they knew the lake. The lake was part of them as it had been for two centuries. And it remains so.

There is the Baptiste of Samuel Robbins and William Mulcahey, and the Grants and the Bowens and the Vances and the Peevers. The first non-Indigenous settlers on the south shore who took a risk moving to this isolated section of the county, far off the beaten track that was the Hastings Road. Most of them had little or no money. They came from as far away as Ireland, Germany, Scotland, and from as near as other townships in the county. They could have received their free land grant from the Crown and settled elsewhere, but they came to the lake because they sensed their gamble

...continued on page 21

STORIES FROM A LAKE ...continued from page 20

might pay off for themselves, their families and generations to come. And it did - for those who remained.

There is the Baptiste of Lester Bergey, Chester Wyke, George Kenneth Hartman, Glenn Snodgrass, and other cousins from south of the border who saw in this lake something they did not have in Pennsylvania, West Virginia, New York and Ohio. And still they come.

There is the Baptiste of Reid, Mullett, Davy, Fair, and Maxwell who had worked hard and become successful and saw the lake as a place to get away from the bustle and hustle of everyday life in Bancroft. And generations later, they still are.

There is the Baptiste of Canning, Scott, Lewis, Nicholl, Payne, Hicks, Burlison, Morawetz and Summers who thought they could provide a place for adults and children to escape the pressures of the outside world - even just for a few days or a couple of weeks.

Baptiste is not a nautical nirvana: it too has its problems. The reality is that there are canoeists who bemoan waterskiers and speedboaters and

vice-versa. There are residents in the north, east, south and west who are snobbish and territorial about their own Points and Bays and Roads. For some, there are too many municipal guidelines — or not enough. There are long-timers who say “it was not like this forty years ago.” Baptiste has those with million dollar homes — and Baptiste has those who struggle on a daily basis.

There are those who have taken risks - and lost.

What I hope this book will do is to acknowledge there are many aspects to Kijicho Manito, to Long Lake, to Baptiste Lake. That it will shed light on its dimming history. To set-right misunderstandings. Or give rise to a “Hmm. I did not know that”-moment. I hope it will help to preserve fragile memories.

Was the looking, digging, asking, observing, challenging, questioning, and searching worthwhile? You can discover that July 1, 2019. The book will be on sale everywhere.

For further information Paul Kirby can be reached at [kirbybookscanada@gmail.com](mailto:kirbybookscanada@gmail.com).

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## LOON SURVIVES CRASH LANDING ON MISTAKEN ROOFTOP

BY PAUL COLEMAN

Our friends Danny and Susie Plumpton received a call to assist in the release of a Loon that had mistaken an apartment roof in Oshawa as its landing pad. Loons cannot walk well and the water was too shallow to get airborne again. A vet was called to fetch the loon, examine it and Danny and Susie were then asked to carry her to the Bowmanville marsh and set it free! She was amazing, did a dance and proceeded to dive like nothing had happened. A wonderful end to an adventurous journey! Maybe we will see her on Baptiste someday teaching her kids not to do what she had done!



*Photos by Susie Plumpton*



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# SUBMARINE HYDRO CABLE BURSTS INTO FLAMES

By PAUL COLEMAN

On a sunny, quiet day in April as I did some clean up chores around the house, I heard what I thought were oil drums exploding by the lake. As I approached the shore to see what was going on, I thought "oh no the ice is being pushed by the wind and smashing the boat house next door". Nope, I saw an exposed submarine hydro cable that comes out of the water in our cove exploding into the air! The 6 foot flames were bursting out of the cable.... they rumbled and exploded over the water. Then the shore caught fire and the leaves and brush went up in flames! All I could imagine was that the cable connected underground to the pole would continue to explode. It leads to the cottage and I could only imagine the worst. I called 911 but the cell reception cut out. I ran to the house and the land line died... I tried the cell again and got the fire department dispatch for help. Our new Fire Chief, Danny Koroscil, was first to arrive to assess the situation. He was followed immediately by a crew of 1st responders



First responders to the rescue.

who took control, contacted hydro and calmed my nerves. The flames died down as the hydro breakers did their job and shut off the power. It was amazing that the brush caught fire since it had been only a few days since the snow melted by the shore. A good reminder why we can't burn after April 1st during the day!

All is good now and I wish to thank the many volunteers of our 1st responder team who lined our drive with the new fire truck and the many personal vehicles of the team who dropped everything and came asap.



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# BEECH BARK DISEASE STRIKES HASTINGS HIGHLANDS

By PAUL COLEMAN

Just like many other invasive species that have struck Ontario, so now are our beautiful trees being destroyed. This is bad news as Beech are a nut producing species that are an important feed source for black bears, deer, birds and various rodents. I checked out the information that is provided by the Ontario Forest Research Institute and found some eye opening details.

Turns out that a little insect called the “beech scale” came to Canada from Europe in 1890. Seems that the ships that came here also picked up many hitch hikers to mess up our waters and our forests. Beech bark disease (BBD) is an insect fungus caused by the beech Scale when it feeds on the outer bark of the beech tree. Within 2-10 years something else happens. As the Scale feeds, it creates a wound in the bark. Then a fungus infects it, and as it grows it kills the inner bark and in turn creates many circular or lemon-shaped cankers (figure 1) You might see large vertical patches like figure 2. Keep an eye out for falling branches and less foliage on the tree.

During the summer, the Scale lay their eggs on the bark of infested trees and soon they start crawling like a mobile army. They don't travel far, but hauling firewood from one location to another can contribute to its spread. That's why there are signs on the road not to move firewood. As the Scale settle in to their cracks and crevasses, they produce a protective coating of white wax and remain stationary for the rest of their lives. Small Scale colonies look like woolly white tufts

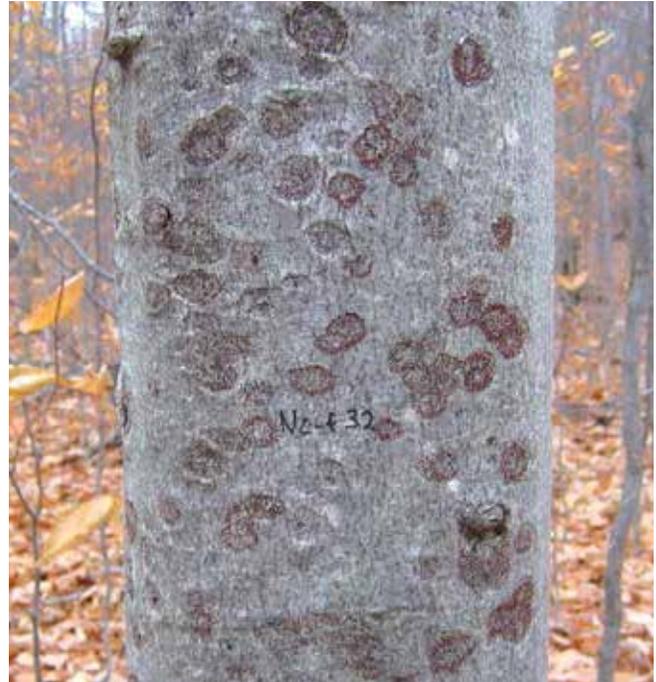


Figure 1

as shown in figure 3.

So much for the Scale. Now the canker fungus takes hold and within 3-6 years of infestation they can kill the tree. Sadly, we will have less food and nesting habitat for birds, bears and deer. As the branches break off there will be larger canopy gaps allowing less shade-tolerant species to grow. Although the disease creates defects on the outer layer of the Beech it has no effect on the internal wood quality. However, over time, we will have less beech wood for flooring, furniture and firewood.

*...continued on page 25*

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**BEECH BARK DISEASE ...continued from page 24**

I suppose that we can remove the infected trees and hope that the stronger more resilient ones will avoid the BBD attack. Remember not to transfer



Figure 2

firewood especially during the Scale's crawling stage of midsummer to late fall.

President Wally is really keen on Citizen Science and would like you to contact him and report any BBD findings on your property around Baptiste.



Figure 3

# EMAGINE

BY PAUL COLEMAN

The staff at Emagine have been amazing to work with us in preparing our Newsletters. Not only have they made banners, highway signs and big laminated cheques for us, they also provided promotional items like hats, clothing apparel, mugs and the t-shirts for our golf day. Our friends have had their trucks and trailers decaled and many artists now use Emagine's "state of the art" high quality printers to transform their works of art into smaller gift cards. Do you need business cards, brochures or even a large

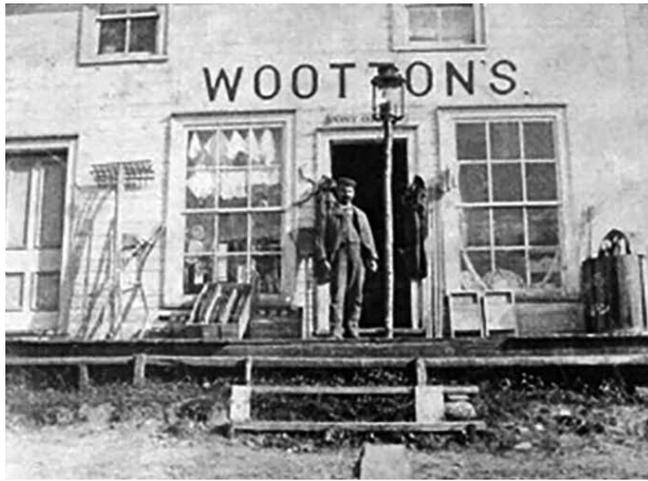
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*Woottons Store rebuilt after fire.*

**LOCAL GENERAL STORE ...continued from page 3**

freight costs and sent to a company in southern Ontario, to be used in making wreaths and for florist shops. Most people never did realize the work involved, the heavy lifting, stock taking, delivery of goods to many customers and the time it took to keep all in order running a General Store, including the hiring of extra staff needed to run the store well.

Jack still made time to have a large garden in the back yard. Their cabbage produced huge amounts of home-made Sauerkraut, another “after-hours” task. He helped Vera’s brother butcher and dress their local pork meats for sale. Somehow, they also raised their family and even found time to visit their cottage on Papineau Lake. A true holiday however, was a rare occasion for Jack and Vera during these decades. One of the last “newer products” to come to the store was the Lottery business. It was a real adventure and big news when a customer won \$180,000+ on a lottery ticket there.

I guess I would be remiss not to mention commerce in the general store as well. In the early era of local stores, many folks did not always have the funds to pay for goods as needed. Men would often have to go away from their families for months at a time, working all winter in logging camps, or in later years, on construction jobs to earn money to keep their family and farms in funds. Even into the 1970’s, people often ran up “tabs” in the local stores until pay time. Often, people could pay up weekly, monthly, others over longer periods of time. In earlier eras, families would barter goods

such as eggs, butter, maple syrup and other items for goods they could not produce at home, such as tea, coffee, groceries, yard goods, sewing supplies and hardware goods. That brings on two little stories, both from many long years ago.

A merchant, told of a local lady who came in with an unusual “personal” request. She gave him some of her own cakes of butter and asked, “Could you trade these for the same amount of his stock from his store?” He asked why, to which she replied, that being frugal she could not waste her butter. When she went to get her cream to churn, she found that a mouse had drowned in the pail. She could not throw out good cream, so she made butter with it but could not bring herself to eat it. She said that “what others did not know would not hurt them, so if they traded all would be well” Pondering for a moment, he accepted her butter, retreated to his cold room and returned with three “new” squares. After she left, with “her own butter, newly wrapped” he chuckled to himself “what she did not know, would not hurt her either!” True local story.

A second story from early 1900’s, tells of family who had run “a tick.” Not long after the men returned in spring from winter camps, a lady lost her husband to illness and her family suddenly lost the head of the household. A week or two later the widow went to the local store for some items. The merchant (who will not now be named) asked her, how she would be able to pay the bill she had run up during the winter? She replied that she was sure that her husband had visited the store just a short time before his death to settle their accounts. He replied that she would need proof of

*...continued on page 27*



*Owner Jack Scott, 1960 in front of Maynooth General Store.*



Wootten Maynooth General Store 1907, before the fire.

**LOCAL GENERAL STORE ...continued from page 26**

payment. The lady became very upset and went home where she looked everywhere and found no receipt. She went to visit a friend and told her that her husband dressed in his only suit to go to town and that the receipt was likely buried with her husband. She cried that she did not know what would happen to her and the children. That night, she got up after hearing a knock on her door. Worried, the poor widow opened it a crack not sure who could be calling at that time. Out of the darkness came a hand, clutching a small paper, with a request to take it please and do not try to see or ask, who was delivering it. The widow looked and there in her hand, was the receipt she had been unable to find!! The next day, to the surprise of the merchant, she along with a friend proved to the fellow that she indeed did not owe him any money. Word soon spread throughout town, and the dishonest man ended up selling his business and moved out of Maynooth very quickly! True story I am told.



Current Maynooth General Store.

As mentioned earlier, “many customers ran up tabs” Most paid up quickly, other folks had to be reminded of their accounts. Vera Scott said very seldom did they turn someone away who could not pay, especially if they had children. Sadly, years after the sale of the store, even later after Jack’s death, Vera lost her home to fire and all the little old account books were burnt in the flames. Sadly she has no idea who owes what.

Now, the General Store looks the same and computers have replaced the need for “tabs”. Thanks Vera for trail blazing commerce in Maynooth and for supporting our community all these years.



# NEW DESIGNS FOR SUNRISE LODGE

BY HANNAH SPASOV

*We are very pleased when we receive articles from cottagers and guests on the Lake. Particularly when the next generation of young, aspiring individuals like Hannah Spasov come forward. Hannah is an honours graduate of the University of Waterloo's Bachelor of Architecture Studies cooperative program. She has joined an Architect Builders Collaborative, a green design firm in Toronto. Her project as follows is to work with the owners of Sunrise Lodge to create a new look for the Sunrise property.*

Sunrise Lodge has been a summer resort on Baptiste Lake for over 70 years. Over the decades it has had many wonderful visitors that see the rustic charm of the 1950s styled lodge. However the cabins have minimal amenities and can only operate during the summer, it's time for an upgrade! And what better way to do so than with green design?

For this particular project we're looking at adding a new, environmentally responsible, four season cabin, using the latest technologies for a green build that respects the natural beauty of Baptiste Lake. Of course the building will be winterized and have stunning views of the Baptiste Lake sunrise. With the changing cottage industry and new ways to rent cabins (such as AirBnB) it promotes a standard that tourists expect. With today's movement to green construction, there are plenty of opportunities to enhance the site in more natural ways, that benefits both owners and guests.

The most important element of a green build is air tightness and proper ventilation. If the building isn't properly sealed or doesn't have enough insulation you are just wasting heat by allowing it to escape. Think about it

as if you left the door open during the winter, it's a bad idea. So it's definitely worth your money to have an air tight cottage with a lot of insulation. You'll also save energy since you won't have to heat your building as frequently. The second part to this is a proper ventilation system. If the building is sealed up tight you still need a supply of fresh air. A great way to accomplish this is using an HRV (heat recovery ventilation) which recovers the heat from the exhaust air and adds it to the supply air and vice versa for the summer, which furthers your energy savings. Operable, triple pane windows are also great for cross ventilation in the summer, combined with the added insulating factor in the cooler months.

Another way to save energy is the design of the cottage itself and site orientation. The sun is essentially free light, energy and heat and, as we all know, it rises in the east and sets in the west. Depending on the location, your building can have sun exposure on the east, west and south faces. Hence you can take advantage and receive free light and heat by strategically placing windows in those areas. Therefore you'll have natural sunlight warming up your cottage during the winter months. This is especially good for the east and west as the sun does not stay facing those directions for too long meaning you're less likely to overheat. The south side is the best direction for solar gain; however it tends to be overwhelming during the summer. A trick a lot of architects use is placing a canopy on the south side of the building. The length of the overhang is very specific so it blocks the sun during the summer;

*...continued on page 29*

SUNRISE LODGE ...continued from page 28

however it's short enough to allow the shallower sun angles in during the winter. North windows can be lovely for non-direct light for bedrooms and such, but it will not have direct exposure for heat so for efficiency, will be smaller.

It is also important to consider the location. Of course you want large windows facing the lake for the fantastic view; however you should keep in mind tree coverage and proximity to the water. It's important to protect our shorelines as the natural vegetation plays a substantial part to the lake's eco system. And there's value travelling on the lake and seeing trees and wildlife on the shore instead of a row of cottages. It is part of the reason why tourists and cottagers travel to the area: to get away from the city and see nature. That is why for the new building on Sunrise Lodge we're proposing a low roof line that hides behind the existing trees blending easily with the natural environment.

There are other elements to green design that I wish to explore for this location such

as the use of solar panels, geothermal (ground source heat pump), air source heat pumps, living machines, composting toilets and FSC certified wood building materials. All of which are great inclusions to a net-zero, a passive house level, or a sustainable build that the owners and I wish to explore. I am looking forward to analyzing the site capabilities and believe Sunrise Lodge is a good candidate to illustrate what can be accomplished with modern, 21st century technology enhancing an older, established lakeside property.

## THE PUCK BANDIT



This is a golden retriever belonging to an unnamed owner near Sunrise Lodge. He stole a puck from a family of skaters across from Blueberry Island at Christmas time. Someone chased him all the way to Coleman's cottage where he disappeared. A true Canadian Hockey Dog eh! His identity has been camouflaged with Zorro's mask. Watch for him next year, he is a true puck hog. The owners apologize for any inconvenience that this may have caused!

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*Image painted by John Coleman.*

The Lake is frozen and Anne and I have just lived through our 1st full winter on Baptiste. We have no regrets and have settled in nicely. I play hockey 3 times a week, Anne is Chair of HH Library, not a bad start.

We are amazed at how much work President Wally puts in on behalf of the BLA. Don't be shy in thanking him ok. I am most thankful to Shelley Pickard who keeps me on task with the Newsletter. She is in full communication with all of our advertisers/sponsors on a regular basis. She sends out notices regarding advertiser copy, collection reminders, and forwards all new ad requests to me for inserting into the Newsletter. Shelley also works with Eric Hooley on our Website.... Truly amazing, and many thanks.

Marlin Horst spends many volunteer hours on our behalf at FOCA. We have no idea the amount of time and effort in meetings, keeping an eye on political and environmental issues for us. Thank you Marlin

Please say thanks to all of our golf sponsors and Newsletter advertisers when you make purchases in their businesses. We are most blessed to have such community support which helps us better inform you of all the activities around the Lake and to form partnerships with other like-minded groups in HH.

Sadly we must inform you that Frances Scott formally of Scott's cottages, and John van der Zalm former owner of Sunrise Lodge have passed away. These two fine individuals were instrumental in promoting Baptiste Lake and welcoming guests from all over Canada and the USA.

The Boat Launch off North Baptiste is in sad need of repair. We have met with the BASC and the MNRF to hopefully attract an active interest in helping us to fix the washout.

In 2017 the Bancroft Area Stewardship Council



*Photo by Shelley Pickard*

promoted their "Local Foods for Local People" initiative with the launch of the Maynooth Garlic Festival. It attracted 1500 people. This year there will be over 3,000! So join the Farmers Market, children's activities, listen to the local bands including the Merry Micks on Saturday August 17th at the Maynooth Community Centre, 8am-4pm. If you wish to volunteer, contact Ian Hendry at [ian\\_hendry@bell.net](mailto:ian_hendry@bell.net) or call 905-213-3404.

The BASC tree and shrub program has been their most successful yet due to your shoreline restoration projects around the Lake. If you missed this opportunity, make a note for next year by placing your order at the BASC online store at [www.bascstore.ecwid.com](http://www.bascstore.ecwid.com), or look up [www.bancroftstewardship.ca](http://www.bancroftstewardship.ca).

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# BECOME A MEMBER OF THE ART GALLERY OF BANCROFT!

By HUGH MONTEITH

For nearly 40 years the Art Gallery of Bancroft has been serving art and artists and the wider community in the North Hastings region. The gallery is located just off main street in downtown Bancroft at 10 Flint Avenue.

Monthly showings of art are presented in the exhibition area and there is a gallery shop filled with captivating work by local artisans and artists. Art-related talks and workshops by artists—often the current gallery exhibitor—are scheduled on weekends. The AGB also has a permanent collection of works of art, some of which are on view at the Town of Bancroft council chambers.

A curatorial committee accepts and adjudicates exhibition proposals and arranges the exhibition schedule, drawing largely on local artists, many of whom make works of art related to the area. Exhibition proposals are also accepted from artists outside the region representing all media and with subject matter ranging from figurative to still life to landscape and abstract.

The hugely popular annual juried show exhibition offers a wide variety of submitted works with prizes awarded in select categories with the entire space overflowing with impressive art.

The gallery operates as a non-profit public space. It does this entirely with a staff of volunteers and funds itself without municipal or arts council support. Membership is a modest \$20 and provides a vote at the annual general meeting, regular updates on events and a discount on gallery shop purchases. Memberships can be purchased on the gallery website: [artgallerybancroft.ca](http://artgallerybancroft.ca). As well, members may wish to consider

providing a show co-sponsorship of \$200, or a show full sponsorship of \$400; in both cases, the AGB provides a tax receipt.

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*Submitted by HUGH MONTEITH*

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### *Art Gallery of Bancroft 2019 Schedule*

June 5 - 29

**Julie Withrow  
Painting and Barbara  
Allport painting  
A Sense of Place  
Opening Reception  
Friday, June 7  
at 7:30 pm**

June 9

**Workshop with  
Acrylic Paints  
Chas Burke: "Paint  
Like A Musician"**

June 23

**Workshop with  
Watercolour Paints  
Bonnie Steinberg:  
"Painting a Watercolour  
Street Scene"**

July 3 - 27

**Holly Edwards Painting  
(mostly figurative)  
Opening Reception  
Friday, July 5  
at 7:30 pm**

July 7

**Jewelry Making  
Workshop  
Michelle Bruce:  
"Wired Gems"**

July 14

**Workshop with  
Watercolour Paints  
Debra Bannister:  
"Our Lovely Loons"**

July 31 - August 31

**Carol Westcott -  
Painting**

**Thin Places  
Opening Reception  
Friday, August 2  
at 7:30 pm**

August 11

**Wildlife Painting  
Workshop  
Tracey Lee Green**

September 4 - 28

**Kimberly Tucker  
Sculpture**

**Opening reception  
Friday, September 6  
at 7:30 pm**

**Also: Studio Tour  
sampler in gallery shop**

*More workshops are  
in the planning stages.  
Please check for updates at  
[www.artgallerybancroft.ca](http://www.artgallerybancroft.ca).*



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**Karen Istead Glass Artist** – Karen is a Baptiste Lake resident, producing fused and stained glass work that captures the dazzling light of the lake and forests. You can see her work during the 2019 Bancroft and Area Studio tour September 21, 22, 28, 29 or view at her home by appointment only. See photos of her work on Facebook. 68 Golden Shores Rd, 613-332-0504, kistead0@gmail.com

**Bancroft And Area Autumn Studio Tour** – September 21, 22, 28, 29. Do a driving tour to visit this year’s talented artists at their home studios. Enjoy the fall colours and beautiful landscape of North Hastings. Make a purchase of unique artwork from the artist and an insight into the art that is being created. Pick up a detailed brochure from many local stores or any of the tour artists. bancroftstudiotour.org

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